

I had a bad problems with my left Hip and lower back. I visited several chiropractors but no help! I was told my my daughter to visit here. SUPER !! I can walk w/o pain and my back is back to normal !! Thanks !! Paul G.

I was introduced to this practice as a retail worker. At my store a lady came to pass out free massages. I tried it & it was absolutley amazing. Well time past & I started workining in a new career field. Well as soon as I got injured on the job.. this place was the 1st place that came to my mind. I stopped the ER, I skipped going to a regular doctor to get prescription drugs for my injury (knee) & I DON'T REGRET IT !! If I could come every day I would. But its a blessing knowing that special care & thoughts are put into the recovery. And no sitting around waiting hous & hours. The staff is friendly & professional. Most of them (that I've had the pleasure of meeting) are strong in their faith & seem to love what they do. Again, I'm thankful & grateful !! God works in mysterious & miraculous ways !!

BLESSINGS & PROSPERITY...

Danielle L.

School Teacher

The long and winding road... 12.23.13

The Beatles have a very beautiful and haunting tune called "The long and winding road.

The song talks about the journey to a loved ones door; but first finding love and strength inside ones-self to make the initial journey.

Coming to the clinic of Dr.A was after being on an endless road to false promises and predictions of when I would be out of pain. Sometimes in life because of who we are, or our ethnic background, or previous health disposition; We are treated with disdain, or even told we cannot heal.

Dr. Aljamal never decided for me what was possible in my healing he provided me with the herbology, fruits and veggie supplementation, adjustments, massage, and a belief in the impossible

He never judged my experience or where I felt my life was headed, this allowed me to relax, and allow my mind, body and spirit to do what “The creator” envisioned for my body to do heal and live in the promise of life’s goodness.

Oprah is quoted as saying “when we know better, we do better “I know my life is now worth protecting, nurturing and preserving for it is a gift. Not only did Dr. Ajamal work on my structure, he raised my blood work to above normal levels.

This is without me being on medication for over two years. My blood work is totally normal and there is no trace of any virus in my blood.

Miracle, Yes! It is so good to know that in my hour of need; he was a professional, a confidant but most of all someone who looked beyond the surface to see my needs, and validate my humanity.

It does not end there....

If you are contemplating walking out that door because you feel what you hear is not possible for you REMEMBER: you have been down that long and winding road, you have been judged because your health is inferior, you have been sick from toxic drugs clogging up your system, you have been using drugs that are killing your hopes, dreams, inspiration, soul and your belief in why you were born .

I was there, right where you are sitting; ready to give up hoping and praying I would not wake up; feeling like the very heavens mocked my existence.

Dr. Ajamal Became part of a team which consisted of my angels (my mother and baby sister) both who past away; my partner of 17 years; my mind, body, spirit and most of all my high power and together we saved my life. Give life a chance, you were sent to this world as a gift. If you do not feel loved, I can honestly say we are all connected there is love, unconditional love for you; For if I love myself then I have to love you .(I am sober today due to Dr. A !)

So get up, Dust yourself off and give this clinic and the staff and Dr. Aljamal a chance to show you that the longest journey begins with a single step, that step is the step you are going to make into the life that will bless you and your family, the life that will bring this earth closer to heaven, the life that is your destiny!

Now go to it!

Namaste.

My name is Tricia W. After several failed attempts by other docs to relieve me from severe sciatica pain, I found Interactive Family Clinic and finally have the relief I need. Since my initial visit, I have recommended and sent all of my friends, with similar issues to see him..

T. W. Dallas, TX.

I want to take a moment to praise the work this office is doing and has done for me. From day one it was nothing but professional, knowledgeable, personalized and caring. Dr. Aljamal and his wonderful staff (I love these ladies) have helped my body heal.

I was in a traumatizing wreck 5 yrs ago and a doctor after 1 yr of therapy released me stating that the pain would linger but would be manageable and it was the best I could hope for in results considering my injuries. My spine had been severely twisted.

On May 8th, 2013 I was rear ended. Now I like to think everything happens for a reason.

After three weeks of searching a co-worker gave me this office's website. I called that day and was surprised that Dr. Aljamal himself answered @7:00 in the evening. I was scheduled immediately, came in, had a consultation and he adjusted me. I was in healing

hands I knew. Today I am honored and thankful to say I am better than when I came to him. Not only did he fix the current issues he fixed what I was told was unfixable

by a previous chiropractor. I walk with no pain, numbness, and best of all no migraines.

Thank you all!!

P.S. I wish to begin making it a part of my regime even with my children to see you all!

Eternally Grateful,

Crystal C C.

After seeing a variety of back and other doctors with no improvement in my back and hip pain it was actually getting worse. I came to see Dr. Aljamal rather than get a series of injections in my back. The injections were not to fix anything, but for diagnostic purposes. Now having seen Dr. Aljamal 5 or 6 times, I have had tremendous improvement in my pain level. Actually have hope of really getting better. I love it!

Tom G.

Have been coming here for over five years. Since then I no longer take any medications which have horrible side effects. Every time I come here I get upset at myself for waiting so long. I am a firm believer in Chiropractic. Now my whole family comes here. Dr. Aljamal is always introducing us to new & innovative technology & supplements. He never stops learning. Thank you Dr. Aljamal & thank you to the Staff.

S. J.

06/06/2013

I have been here plenty of times & I honestly think it helps. The service is friendly and they really care. The medicine they give works too. They have made life easier not having to worry about pains. So, thank you & keep it up!

J. J.

06/06/2013

I feel very fortunate for my service and medical treatment. Very professional job. Relaxing atmosphere, experienced staff and friendly May God bless you all. Thanks...

M.B.

05/22/2013

The office was clean, the staff were pleasant, and I was immediately shown to a room. I

Spoke at length about my health issues with Dr. Aljamal and was impressed with his knowledge. The deep tissue massage I received provided relief from neck and shoulder pain. It is too early to speak to the effectiveness of Dr. Aljamal's chiropractic treatments,

But I plan to return and try a course of therapy with him and will update my review once I do.

Sandra L.

March 27, 2013 (We found this testimonial on Angie's list from a person whom consulted here in March 2013)

He is very thorough and caring. He takes a personal approach towards his patients. His

Office staff is nice. He has a lot of equipment in his office. He is very up-to-date in equipment and knowledge about natural ways of healing.

Lisa. M.

Aug. 10, 2012 (We found this testimonial on Angie's list from a patient who treated here in Aug. 2012)

The first place we always come to is this clinic. The doctor always makes us feel better.

Thank you..

E. D.

04-24-13

I feel I have found a Dr. that can help me. I always feel so much better when I leave.

The staff is the best

Linda M.

04/23/2013

Dermal Rejuvenation cream has made a definite difference in my skin texture and wrinkles my wrinkles have seen reduced fine lines. I'm in my late 60's and have my fair share. I'm thrilled with the results and am sharing this with my friends.

Marilyn P.

03/15/2013

I tore my Hamstring while running in a track meet and the pain was so bad hat I couldn't run regularly and my leg was very swollen. After being treated by DR.A. my

leg is tremendously better! The pain is 99.9% gone all from one treatment. After a sports massage and laser treatment my leg is on its way back to being completely healthy! Thank you DR.A !

Milan L Fisher

03/18/2013

Jan. 30, 2013

I had severe shoulder pain in my right shoulder and after the first treatment which included massage, electrode therapy, laser therapy, traction & exercise, I had so much relief the next morning, it was unbelievable. I even bowled that night in my league and bowled so much better. I bowled 86 pins over my average and I didn't hurt my shoulder doing it. I came back in the next day after blowing and had the same regiment and feel so much better. It's the best my shoulder has been in a year.

Roz W.

1/11/2013

I began coming for treatment w/ Dr. Aljamal 12/5/12. I have suffered form ankle pain from injuries incurred in the mid 70's playing basketball. Although, I have participated in sports + been very active the debilitation from the pain had grown worse + worse. I have had diagnosed as many different things + only some mild help.

The treatments from Dr. Aljamal have just about alleviated the ankle pain as well as the aches in my neck + other joints, so that I am now actually enjoying physical activity instead of doing it to avoid further pain. It is a big change, in the out look on my life.

B.W - Dallas

1/11/2013 : Update : Been coming regularly – Dr. Aljamal is able to keep my spine aligned and help my headaches & migraines. I have my life back – it is a miracle... thanks to Dr. Aljamal !!

M.E. W

Thanks to Dr. Aljamal and his staff for helping my mother feel so much better,

From our family thanks so much. And especially from her son Benjamin.

Benjamin and Hajrija M.

12-26-2012

I have had 3-visits now and this is my fourth. I now believe in the therapy. I feel so much better now. Little pain at times and not much pain now. The people are really nice & helpful. I would highly recommend this to anyone in pain. It really helps a great deal.

F. G. 12/11/2012

Dear to this office,

Thanks so much for making me feel better

Yahaira M.

12/5/12

Dear Dr. and staff, Thank you for making me feel better. I have no doubt in mind that I have met the right D. for me! I used to have migraines all the time, everyday By taking the natural medicines now I feel 100 times better than I ever have !

Thank you !

Love Vicky H.

11/26/12

After being diagnosed by a Podiatrist with Plantar Fasciities in both feet, and was getting no better. So I decided to come see Dr. Sam after only one treatment the pain and burning in my arch was nearly gone. Today is my 3rd visit and I am 100% better and nearly healed. Dr. Sam has helped me in the past for muscle spasms. He and his staff are Super! I can't say enough.

Pat. W. - Nov. 10, 2012

So nice to see you again. So glad you are still here. I appreciate all you have done for me. Thank you so much.

Norma D. 9-4-12

I was willing to give Dr. Aljamal a try because I am desperate for help. I have been to MANY different doctors, massage therapists, acupuncturists, craniosacral therapists, osteopaths, spinal specialists, etc. but am still suffering with pain, discomfort, restricted mobility. I had a freak accident in 2001 which broke my neck (in a 3rd world country). I did not receive the proper, standard treatment which is why I have the problems. I've now had only 1 treatment w/ Dr. Aljamal and (to my surprise), I feel better! Today is my 2nd treatment. I have hope again that I can be pain free!

Thanks Dr. Aljamal!

M.E. W 08/28/2012

OMG!

I came here for a massage and then spoke to the Dr. and he fixed my hip replacement pain problem. I had my hip replaced twice and I thought I would have to live with the pain. Not any more! I am a new person with a new hip!

My feet hurt and we are going to address that. I can't wait!

Joanna W. 08/21/2012

I came to see Dr. Aljamal for the 1st time in May 2012. My Problem was severe back pain especially on my left side of which I have had neck pain of great amount of stiffness. My blood pressure has been high and I take medication. I am also on menopause and experience terrible hot flashes. With the professional treatment I received my back pain has decreased greatly. I was started on the vascular dilator and today my blood pressure was in 130's/80's of which is the best it's ever been. Since I begun taking the menopause tablets I have not experienced hot flashes and I am able to sleep at night now. I am grateful for Dr. Aljamal help. He is very professional and knowledgeable his staff is also very patient and friendly. I recommend

Interactive Family Clinic Thanks.

Rose W. Aug. 15, 2012

Before I came here, I was having really bad knee pain. I had visited a least 3 other doctors and was told nothing was wrong. When I came here, the doctor started his therapy and gave me medications, as soon as I left I could already feel that my knee was getting better, unlike other doctors I went to. So I am very thankful for Dr. Sam and his staff for helping me get better.

Caesar M. Aug14, 2012

I came to Dr. Aljamal maybe a year ago for degenerative joint disease on a recommendation from a neighbor. I was very pleased with the results of the treatment at that time but did not make subsequent appointments to maintain good alignment. I returned to Dr. Aljamal a few weeks ago to treat an additional complaint of Sciatica, because I had been on too many prescription meds for the past year and didn't like the side effects. After one visit and 2 weeks of taking the Recommended supplements, I've had significant pain relief from an 8 to a more manageable 4. I fully expect the pain to continue to decrease as I regain more mobility, and

I am grateful to Interactive Family Chiropractic for that.

Cheryl T. July 2012

Gods answer to my prayer!

I heard about this product pill from a friend who had a horrible experience with a stylist. This woman cut more than 3 inches off of my friend's hair but because of 'bad boy' right here, It grew back 4 inches in one month! It also has all natural ingredients. I can't wait until I have my own story to tell!

Thank you so much

M. Y. 7/16/2012

Sweet Friends,

Dr. Aljamal and his loving and skilled staff go out of their way to give you the best care. With every visit, my back and neck feel better. I am so grateful to Dr. Aljamal sweet manner and wonderful knowledge. His staff is just as wonderful. I could sing from the

highest mountain of how much better I feel.

Thank you,

Paige K. 07/12/2012

I took my ten year old son to the emergency because his left foot was hurting, they did x-rays and said everything was fine. I came to Dr. Houssam for my self (I am his patient) out of his generosity he saw my son's foot and turned out that his heel was dislocated, in 3 minutes my son was jumping on his foot.

Thank you so much

Nada S. 7/10/12

Thank you so much for fixing my foot; you are the best doctor in the world!

Zain S. July 10, 2012

Best massage ever with Yvonne we love it, and I've been in a lot but her hands, the massage wonderful, and the dr. very nice too.

Cecelia H. July 10, 2012

I have been seeing Dr. Aljamal Regarding an accident I had in May as well as for wrist pain in both wrists. Since coming for treatment my pain has improved greatly and wrists seem to be

getting much better thru taking carpal tunnel treatment pills and laser I have got to admit that my pain on my wrist seems to have decreased by ½ in just a few weeks!

Thank you Dr!

Lola S. 7-10-2012

I cam to Dr. Aljamal for terrific sciatic pain and after one treatment it has not returned. I am impressed with his gentle manner and patience in answering my questions. I will continue to see him as needed.

Jean R. July 2, 2012

Thank you Dr. Houssam Aljamal.

I was complaining of back pain that was unbearable when I came in to this clinic as my oldest son referred me here. Dr. Aljamal treated me and the back pain was gone 90% by the time I left the clinic and completely resolved in two day. In the meantime, he had discovered through x-rays that I have kidney stones in both of them. He started me on natural medicines to dissolve the stones. After three months and a few days, today is my second visit to the clinic. We did another x-ray and ultrasound and the kidney stones are not visible at all and no where to be found. Thank you Dr. Aljamal. I will always put my trust in your clinic first for any health condition that I have or my family member?s have before we go anywhere else.

Samir K. June 29, 2012

I'm very blessed!!!

Feeling Amazing ?back to life? before I came here I felt ?helpless? my back hurt sooo

Much I couldn?t do much not even lifting my purse or reach for little things, This is my 3rd week/visit and ?I feel great? I feel energized, alive, Healthy.

I stopped drinking alcohol and I took the medications just like Dr. Sam said. And it works just like he promised me the first time I came.

P.S. Thank you Doctor Aljamal.

Thank you for caring from your heart.

Thank you Erica for your kindness.

God bless you all for your kindness.

God bless you all!!!

Yuliet D. 6/8/2012

June 8 2012

-Ahora Pied compatir que me han heco sentir muy bien, su trato y hoy tengo muncho menos dolar en mi cuello durante un amo he visitado personas que nunca checaron mi cuello solo las brazos el Dr. descubrio el problema es la columina. Mi presion arterial cuando vine mi primera vista era 200/100 per con unas pequenos cambios y el medicamento naturist ahoy despues de ocho dias es 135/75 Doy gracias a dios por guiarme aeste lugar por las persona que me recomendo y poe el doctor y sus conocimientos y Amor por su profession, gracias a las persona que cooperan en front desk y por la terapeuta.

Thank you,

Maria Isabel

(Translation: June 8, 2012

Now I can say, I feel much better. I have little pain in my neck. It took one year visiting people that never checked my neck just the shoulders. The Doctor diagnosed the problem. My blood pressure 1st visit was 200/100 but with natural medication after 8 day it is 135/75. I give thanks to God for bringing me to this place and to the person who recommended me here, and for the doctor for his knowledge and love for his profession. Thank for the person who operates the front desk and the therapist.

Thank you,

Maria Isabel)

Dr Aljamal,

Thank you so much for caring about every aspect of my health. You addressed a need that had been ignored by countless doctors over the years !

The B-12 Energy Booster has increased my energy and my outlook on life. I can enjoy preparing meal for my family, running errands, and even shopping ! Cold laser therapy has also helped reduce my pain in scare tissue. Blessings,

LuAnn. M. 05/23/2012

My experience with my knees was very bad before I started to get treatment. I could play basketball to my best potential I started getting treated on both knees and by weeks. I felt improvement. I'm going to continue to get treatments because they truly help your knees out and they don't hurt you. Thanks a lot of the help!

B. Floyd 05/24/2012

Thank you for all your care and focus not just on one thing but my entire health. When you asked me about any other health issues. I was reluctant to tell you since I was already told the embarrassing stomach noise was just part of what I would have to go through. You told me of two different pills you had and even told me if they don't work in a month I can get my money back. It's been 3 weeks and they have made my anxiety of my stomach noise go away. I no longer have it as bad, and every week goes by it is less and less. Thank you again!!!

Angela V. 05/24/2012

Dr .Aljamal is such a blessing in my life. He has helped me so much with neck and back pain. He has given me so much relief with pain and now is helping with my knee pain. Dr. Aljamal is so very knowledgeable caring and his treatment again has helped me so much very much. I thank the lord for him. Also Erica is a precious Angel always so accommodating and nice. I am also so thankful for bonnie and malorie ?so very experienced and so caring.

God bless this practice.

Sandra S. 05/21/2012

I have been struggling with shoulder pain for over 3 yrs. I have had all kinds of x-rays & scans, the doctors could not find anything wrong. They also could not prescribe a course of treatment to help with range of motion. After my first treatment here I have been able to move with minimal pain. The anti-inflammatory and muscle relaxers the doctor prescribed are amazing thanks to the treatments I can sleep more comfortably.

Roxanne 05/18/2012

Dr. Aljamal,

Thank you so much for your amazing, attentive, and courteous service every time I come out, and my mom, as well. My mom's cholesterol levels have dropped by more than half from life threatening levels and the Energy Boosters have helped her live better, day in and day out. My back has felt much better from your relaxers and treatment. One whole year of physical therapy at Richardson Methodist simply did not help. After visiting two different doctors you were able to get me back to feeling well and not have severe pain. Thank you so much, my family and I will definitely continue to come back!

Ben Prado and Patricia Bonilla 05/21/2012

My Mom had aches all over her body. 1 visit here and the pains got much better. I also have flat feet and my problems got way much better.

J. J. 05/03/2012

I simply can't sing Dr. Sam's phrases enough. I had a pinched nerve in the C5, 6, and 7 vertebrae that the orthopedic doctor wanted to do surgery which I almost certainly did not want. Dr Sam recommended a plan of passive exercises and within 4-6 weeks I was good as new and not had one single issue to date. I am a very satisfied patient and will always come to Dr. Sam first.

C.C. 4/28/2012

I've been coming to Dr. Aljamal for about 4-5 years for severe muscle pain and spasms in the left side of my neck. The treatment he gives me has been wonderful. No other doctor has been able to give the pain relief Dr Aljamal has with his specialized treatments. I've had doctors to tell me there's nothing else they can do for my painful neck area. Thank you Dr. Aljamal and all his staff for making me feel better and have a better quality of life.

Debbie K. 04/21/2012

I have been seeing DR Aljamal for about 8 yrs now, off and on. He has worked with me with physical therapy after my surgery on my left shoulder in 05, my heel surgery in 07, my knee surgery a few years later. Dr. Aljamal is the most truly caring and understanding Dr I have ever met. He is currently working with me too improve a back injury.

I always leave Dr. Aljamal's office feeling much better physically and of course mentally. Interactive Family Chiropractic is a household name around our house.

My sister, Mother, Brother and many friends have come to see Dr .Aljamal with great results.

I refer any one with aches and pains, Injuries weight problems and even allergies To Interactive family chiropractic. You would be amazed at Dr .Aljamal's wide range of knowledge ?Thank you Dr Aljamal for all you've done for me and my family!

Judy T. 04/20/2012

My name is Antonio. I have been dealing with lower back pains for about 7 years. None of the doctors I have seen in the pasted showed as much concern for me and my situation. Every time I went to the emergency room or a doctor they would ask a few questions and prescribed me with some sort of pain reliever. Doctor Aljamal sat me down and really questioned me on every aspect of pain in my life!

Things I never had a chance to tell another doctor or even thought to say! After a really good conversation he knew what was wrong almost immediately! Once he took an X ray he saw the problem and it was exactly what he said earlier! To my amazement he was right on with his diagnosis! Finally he prescribed me a few meds to help with my situation. As always, I thought here we go! More medicine to make me sick to my stomach! But actually it was the opposite!

The meds have been doing wonders for me and my life. I'm so much happier since my visit to Dr. Aljamal!!! For me, life has just began all over again!!!

Thankfully,

Antonio Fisher

04-17-2012

I felt much better after my appointment. My pain was greatly reduced. They paid close attention to me and all of my questions were answered. Their staff is very friendly and professional. I was very satisfied with my visit. They were helpful and I left feeling encouraged. The office was easy enough to find.

R. H.

03/05/2012

I was so impressed with the progress I was able to make after visiting them. All my questions were answered, and I feel a lot more confident and hopeful about the future. The one thing that I really enjoy about this place is their high level of customer service. Their full attention is always on me and they never take personal phone calls during my appointment. I've been to other places that answer their phone and it just drives me crazy. Their staff is the most friendly, welcoming staff I've ever dealt with.

They are so warm and professional, and make the whole experience that much better. I love how much attention to detail they show. They are always so careful and meticulous. I never have to worry about them making a mistake or forgetting something. They've never been late to any of my appointments. I've even showed up early sometimes and they've always been ready and prepared.

J. F.

2/21/2011

Dr. Al Jamal is wonderful! His staff is friendly and very helpful. I have been seeing him for several years, and am always impressed on how much he knows about the human condition. He has helped me as well as my husband and kids. He is available to his patients, speaks directly and takes his time with you. I always leave his office with better informed as well as feeling great!!! Thanks Dr Al Jamal!!!

E. J.

11/02/2011

I am a cab driver with 52 years of experience. Several times I got into accidents and I did visit many chiropractic doctors. This doctor is different. To me, he is the best. I am very happy with his care. They gave me almost two months therapy and I am very better and very happy.. God Bless them.

Sharif

March 26th, 2012

I came to Dr. Aljamal following my reconstructive surgery for a ruptured patella tendon. My first visit was only 8 days following my surgery. I was looking for pain management. I had tried several prescription pain relievers, but nothing helped. Dr. Aljamal recommended I do laser therapy and stem treatment along with some all natural anti-inflammatory pills to take at home. I was skeptical at first, but after the first appointment I felt better. Today is my second appointment, one week later and only two weeks after my surgery. I am able to walk without my crutches and I no longer need to take any medication for pain. Although I still have a long road to recovery (my muscles are still weak and I walk at the pace of a snail.) I have experienced tremendous improvement in a short period of time. The best part is that it's all natural! And oh yeah, the staff is great! Thank you Dr. Aljamal

J. Burnett

March 14, 2012

Last year in Feb 2011, I had a terrible car wreck. I had 7 minor fractures all over my left hand and concussions in right shoulder. After my first visit, the pain in my hand and shoulder was miraculously gone. I really couldn't believe it. After about a year on and off therapy, I feel completely healed.

Besides the traditional therapy, what mattered most was the extremely loving staff. The best care that anyone can get on planet earth!

Thank you Dr. Aljamal and staff

Maryam R.

March 15, 2012

Ever Since I have been coming to Dr. Sam's Office, My symptoms have been developing in a positive manner. This is only my fourth visit but I have gotten better. I am still working up my way to get my back where it's supposed to be. Everyone who works at the clinic is very nice and patient. I love coming to see all the smiling sweet faces that help cure me.

Thank you, Dr. Sam and staff

Always yours,

L. Q

Hello,

Dr and Team Crew I Just wanted to say thank you for your service that you provided for me. All of my expectations were met to the highest standards. I was provided with great care and wonderful service. I recommend others to visit the Interactive Family Clinic. You guys rock and I will come back.

Desire

I have been seeing Dr. Aljamal for quite sometime (on and off) I got several issues in my body (hip, spine, neck) I want to share my experience with doc. First of all he is not a doctor he is more than that if we measure other Chiropractor consider themselves as doctors. He not only treats you but prevents many other illnesses. I don't want to write too much to break suspense and give more expectations to you. Experience yourself the best you get here.

Raja and Gayathuri

I have really enjoyed coming to Interactive Family Chiro.For all my visits. The staff here is incredible and Dr. Aljamal is absolutely wonderful. He is methodical and detailed in all of my treatment sessions and makes sure all my questions are answered. I have truly never been to a chiropractic facility where they care so much about my wellbeing and progress. I am so glad that I found Interactive Family Chiropractic!

Rita B.

I started coming here in August of 2011. I injured my upper back to the point that I couldn't sit up, I practically crawled in the door. After 2 or 3 visits I could sit up, walk upright and move again. I have never experienced such drastic results with a chiropractor before. Dr. Aljamal has gone out of his way to help me with other problems I have been experiencing I have hope that these things will be remedied now. I feel better than I have in years. Thanks so much!

Keryna S. 1-23-2012

Today is my Second visit. At the first visit I've been feeling very good with the doctor's treatment. I am 75 years old I been with several doctors of chiropractic and this is the best one.

2-6-12

G. S.

My name is Paul M. and I have suffered with neck and shoulder pain for some time. Lately there began lower back and groin problems. The pain was such a bother that I was really miserable .I told my wife, I have to do something we received a paper at school for a free massage. Upon entering the office I felt totally welcome and knew this was the right place .I received the most relaxing massage I have ever had, and immediately made an appointment to be treated for my other alignments. Upon speaking with the doctor, we were impressed with his knowledge and confidence. After the first treatment, I told my wife I feel like a new person. I look forward to the next phase of the healing process. This is the place

Thanks Doc & Team 1-3-2012

I came for allergies and in about 3 visits I felt better and when the winter came I never got any allergies again. I would recommend Dr. Sam to anyone With allergies that hate having it. Thanks Dr. Sam for your help with my allergies and the massage chair made me feel less stressed.

Luis C

My Mom has been coming to see Dr. Aljamal for a few visits. He was able to diagnose

her accurately and start to give her REAL relief from her pain. I (we) are so thankful for the treatments he has given her. Thank you, Dr!Massage & other therapies are all wonderful too!

Jeanette O. Grateful daughter

There is not enough space for me to list all the wonders of Interactive family Clinic, I have been coming for about 3yrs.. I have " m s " and Dr. Aljamal has been a blessing he keeps my back and legs pain free and spiritually a god send . When ever I stop coming there is a difference in my body. Backaches, shoulders constantly in pain. Thank you for your up lifting spirit. God has truly blessed you with great hands, kind heart and wisdom. I wish you @ your staff nothing but happiness. May god/ Allah continue to hold you and your family in the palm of his hands always.

Sheila D., Dallas, TX

9/8/10 I feel very fortunate for my service and medical treatment at this Office. Dr. Sam, Erika and all his staff have been very accommodating as I suffer from spinal ,and neck injuries due to a car accident. They offered all a person could think of to help with all my problems. So please do come to their clinic for any and all needs with regards to pain in the neck, back, and ect. I feel so much better, and quality of life is improving as I write this. Thanks, and much appreciative for all your help.

Tana F., Dallas, TX

Interactive family Chiropractic is definitely a place where I have become part of there extended family. Dr. J has always been concerned with my personal well being in all areas of my life there is an atmosphere of healing and caring over the several years where I have also developed a relationship with Dr. j actual family and Erica is like a little sister to me. Erica has a wonderful and welcoming way! A terrific entry into the family for healing treatments keeps it all flowing. Kristen, massage therapist, is a real life saver and knows exactly what is best for me to benefit the most from my treatment. May god bless you all.

Barbara R. Richardson, TX.

Seems like I have been coming to interactive family clinic for ever now over the years for different injuries. I have only received exceptional care for my neck, shoulders and back ...but I have gotten to know the staff quite well, and always enjoy seeing them. Dr. A has great knowledge with not just what is best for me, but in other categories I benefit from as well. Not only has my pain decreased, but my posture has improved! I can only give Dr. A credit @ thanks for that .(he is a wise, great man) but I love you all here at Interactive family and have much thanks to you all you have done more than you know. Love yall !!!

Hayley L. Dallas, TX

I definitely don't have enough words to say about Dr. J and his staff. Myself and my husband are coming for maintenance care of our knees it looks like for ever . Dr j treats us with so much respect love and concern like we need he has become a son to us we love him dearly too he is very knowledgeable and concern of are well being in all areas of are life. Erica's smile is pleasant to see she is always very helping and welcoming. Were glad as a part of the family .massage therapist a great person as. I told before we don't have enough words to praise them god, you all. Love you all.

Dinish P. Frisco, TX.

Dr. Aljamal, wow how can I thank you for everything you have done for me and my daughter you are so special to me and Erin you have been and always will be the greatest blessing to my life I have learned so much from you anyone who us reading this you must believe me you are in good hands Dr. Aljamal has given me life in so many ways .he has given me hope and I have always steered me in the right direction .I have been coming here for around 3or 4 yrs. He diagnosed me with fibromylgia and help heal me and taught me so much about this disorder .I always knew something was wrong but I seriously believe it was in my imagination praise god he helped me realize what I was dealing with and there is hope so don't give up !since then I have number of issues and with each Dr. Aljamal has treated me with compassion and love . the most recent is healing me from disc. Within a few short weeks he has worked miracles with me so as you can see I could write a book about Dr. Aljamal . His entire staffing is a blessing Erica is so sweet & wonderful. She is always up and about friendly and is always great to see her. Kristen is awesome. Dr.A don't let her go any where she has helped me heal with her magic touch. She is very talented & gifted and a real sweetheart. I consider all of you my friends and family. God bless you.

Kande S., Addison, TX

Coming to the Interactive family clinic chiropractic has been therapeutic in more ways than one . from my first visit, I have experienced outstanding care an concern and we don't always experienced that kind of care and concern from care givers .This has truly been a blessing coming here . I feel god guided me to this place to experience the best he has to give in my time of pain it has truly been a blessing hand from Dr. Sam Erica and Mallorie I pray god to continue to blessing your, family here and in your house . You all are the best. Thank you

Shelia S. Plano, TX.

I have been coming to Interactive family chiro .for about a month so far. I have been always treated with kindness, compassion and respect, by Dr. Sam and his entire staff are very professional and caring since the very first day, I walked in with a cane and was able to walk out free from it each treatment, I continue to see improvements in one area or more . I have a complicated diagnosis and I have complete confidence in Dr. Sam's treatment and his knowledge .I find him to be very honest man. This practice is an answer to my prayer.

Juli M. Richardson, TX

I have been coming to Interactive family clinic for 6months and have definitely improved. Dr. Aljamal incorporated a very detailed regimen on healing you. It has been the first dr. and clinic

that I have to where I have noticed results and keep coming and staff. Every one is very interested and show concern for your well being .I am very grateful and happy to share my testimonial. Thank you for every thing.

Maria. C. Garland, TX.

I work with a major Airline company with heavy physical work environment during the work I feel very tired muscle pain, neck shoulder, pain and back pain during my visit to Doctor Houssam Physical Therapy i get the best Medical treatment ever that ease my pain and control my pain .I do feel very good in excellent health Recovery so i continue my regular normal environment .so I am so happy each time i visit the clinic i feel good.

Thank you Doctor Houssam you make my life Better handle my pain is smart way you are the best .

I am over 45years old I need this medical treatment in my normal routine life so i can do better .

Thank You,

A.A

I came off an ad I heard. Did not believe but always looking for pain relief. Have metal rods from a broken back hip hurt 2010. After one time, was 100% better. He is very good knows what he is doing. Came here 2 times and my pain is gone. No one I have been to has done so much for me. I do not have Ins. He is so good I come when I need to. Unlike most Dr's every week. What he does works.

Alice M. 8/24/2011

Dr. Sam really cares! I feel blessed to have been led here & I'm grateful for the healing that I have experienced.

Kristin B. Plano, TX. 10/10/2011

I started coming to see Dr. Sam Aljamal from a phone call for a free visit. This visit changed my life for the better much better than I ever anticipated. An adjustment on my neck immediately relieved my muscle soreness that was constant in my neck and shoulders. Therapy on my rotator cuff and a video on exercise made my job as a mail carrier so much easier. I no longer have to

baby my shoulder to make sure I don't injure it I was also given the HCG weight loss spray I lost 35 pounds in 6 weeks. Coworkers & friends have used HCG provided by others, but my experience of weight loss was greater & easier to be accomplished. I am now visiting for my free ion foot bath. I talked to Dr. Sam about a cleanse I'm interested in trying and he suggested that I try another type of calorie blocker. I'm excited & look forward to better health. Thank you very much Dr. Aljamal & staff you are # 1 in my book.

M. C. Richardson, TX. 10/12/2011

Dr. Aljamal is the best! I have been to numerous chiropractors for therapy and not one compares. He is sensitive to all the issues that bother the many surrounding areas of injury and realizes symptoms immediately! I have never been in an office where there are so many choices for therapy, massage, manual adjustments, laser, traction, exercise etc. you can be certain that whatever the problem, Dr. Aljamal will find a way to figure it out and treat it promptly with the least invasive and modern treatment. The most important thing is you will walk away from Interactive Family Clinic feeling better and believing you had to the best care from a Dr. who really does care about your health. And he has a caring staff!

Thank you so much,

Diane R., Oct. 14, 2011

Dr. Aljamal is great! He takes the time to listen and discusses possible treatments. He researches for new and better alternative treatments constantly. The Allergy treatment is fantastic. I tested positive for mold and peanuts at an allergy clinic 10 years ago. I had the allergy treatment at Dr .Aljamal's office 2 years ago. I had my allergies retested 6 months ago. My allergies were almost undetectable.

Thanks,

Darold R., Oct. 27, 2011

This is my 2nd visit. From very bad pain in neck and back. My neck is much better after procedures of the stretching machine and laser treatments. The natural pills are adding to my recovery. My blood pressure is down, most important of all. I have confidence that I will have a complete healing. It helps very much that Dr. Aljamal is calm, a voice full of peace.

Carol K., Richardson, TX. 10/29/2011

My husband has been a regular patient of Dr. Sam's for several years, and I have seen him on occasion for specific problems. We do so much appreciate how he listens, pinpoints and efficiently treats whatever the need is.

Most recently I am seeing him for a badly sprained ankle. His treatment is addressing this and producing healing much more quickly than the treatment advised by the Podiatrist. As a bonus, today he gave me something to take for a cold and cough that is already taking effect! We have always found Dr. Sam's Clinic to be relaxing and friendly, and would highly recommend him.

Virginia P., Dallas, TX. 11/16/2011

I have come to Dr. Sam's office for 3 visits so far I am very thankful for Dr. Sam and his entire Staff. From Erica in the front office, to Yvonne who is an outstanding massage therapist to Dr. Sam who is very skilled in the manner he treats his patients. I would recommend this office to anyone who is experiencing pain. You do not need to continue to live with the pain!

Thanks again to Dr. Sam and his staff for making me feel so much better and basically pain free!

C. T., Carrollton, TX. Nov. 16, 2011

I have Supper Headaches for years. 2 visits here, No HEADACHES!!

What more to say? Dr A. is very nice he has peacefulness about him I'm thankful that I came to him. Erica is sweet; Try the chair "Please Try the chair.

Jean R. Dallas, TX., 11/19/2011

Dr. Sam really cares! I feel blessed to have been led here & am grateful for the healing that I have experienced.

Sandy F., Richardson, TX. 9/14/2011

I came to the Doctor to isolate a severe pain in my spine that caused considerable Discomfort and limited my ability to bend over or sit down properly. Dr Aljamal

Took x-rays of my lower spine and found a misplaced disk that was causing the pain.

He successfully eliminated the pain and corrected a pinched nerve. As a result I can move freely and not be subjected to stabbing pains and discomfort.

Dr. Aljamal has mad it possible for me to move about freely and has shown me how to properly use my back .I highly recommend him.

Dave B., Dallas, TX. 12/02/2011

I have been a faithful patient for 3 years and would not change doctors. My treatments has been of the utmost in all areas, from the time you walk in the door. The integrity and care is of the highest concern. I feel like a new person every time I walk out the door. Dr. Sam has treated me with any and all of concerns of my health and has a life long lasting effect. He treats the symptoms instead of masking with drugs. His concern for my well being is like non other that I have seen. I am so thankful for the heart he has to see his patients truly being healed and enjoying a better quality of life. He is now treating my daughter and grandson who just rave about him

Keep up the great work and the love for your patients, we are truly blessed to have Dr. Sam and his staff in our lives.

Sincerely,

Elida C. Nov. 29, 2011

I came in for neck pain as a result of fibromyalgia. After only 2 treatments, my neck pain is gone. It is such a blessing to be pain free for the first time in a long time. I am so glad that I found Dr.Aljamal. He is a wonderful, caring man. His staff is so friendly and helpful. I am going to recommend him to all my family, friends and co-workers!

12/05/2011 Christie O.

Email from a patient came in to visit his daughter from Australia. His daughter brought him in to the clinic for treatment a few months ago:

Hi Dr Aljamal,

I'm now walking reasonable distances with no pain whatsoever. I put it down to your anti inflammatory medicine and the black belt.

Thank you.

Never thought I'd be a black belt!!

Rogan W.